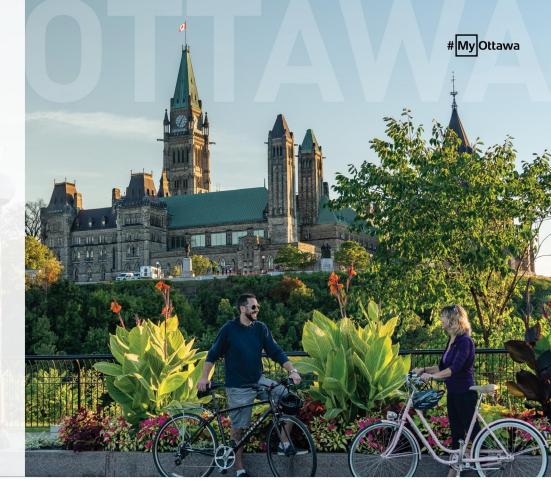
SEE YOU IN CANADA'S CAPITAL!



Ottawa looks forward to hosting you in Canada's capital city! Ottawa is one of the country's most popular visitor destinations, and we encourage you to come early or stay an extra few days to enjoy all that the city has to offer!

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Population:	1.25 million	
Official Languages:	English and French	
Currency: (Dec. 17, 2018)	Canadian Dollar US = \$1.34 CDN	
Number of people within a 2-hour flight of the Capital:	200 million	
Average Summer Temperature:	High 26°C/79°F Low 14°C/57°F	

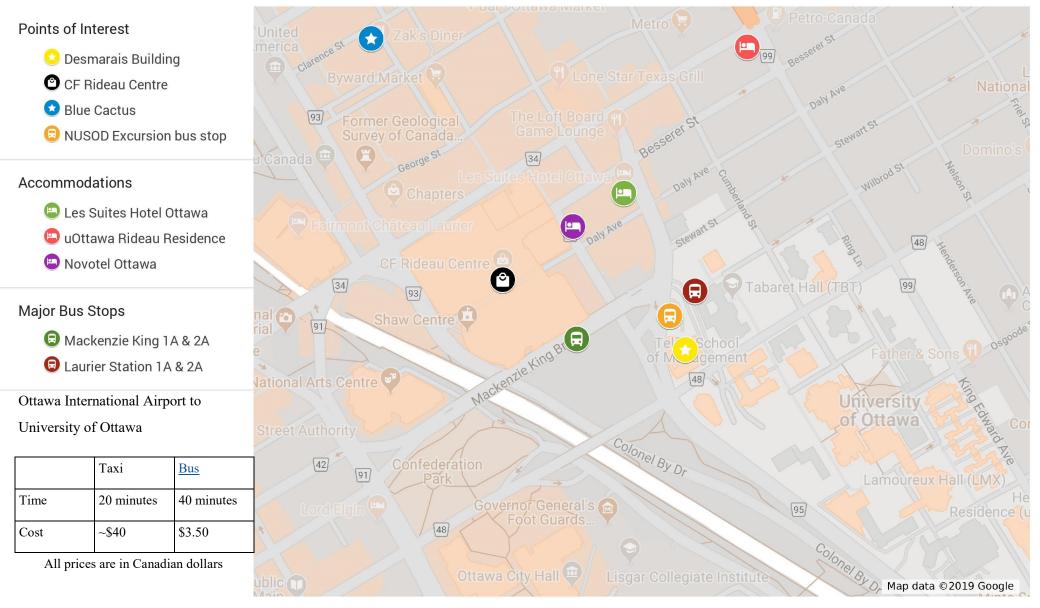


Ottawa is known for its urban nature and walkable downtown. With over 6,000 hotel rooms within the heart of city, visitors can often walk to conference venues, local hot spots and national sites. Access to downtown from the airport is a quick 20 minute transfer via public bus or in a taxi (approximately \$40 CDN).

Anyone looking to explore beyond Ottawa's vibrant downtown can utilize Ottawa's exceptional public transportation system offering easily accessible bus and light rail options (www.octranspo.com). Standard taxi and Uber services are also available throughout the city.



NUSOD 2019 Informational Package



To view the entire map, <u>click here</u>

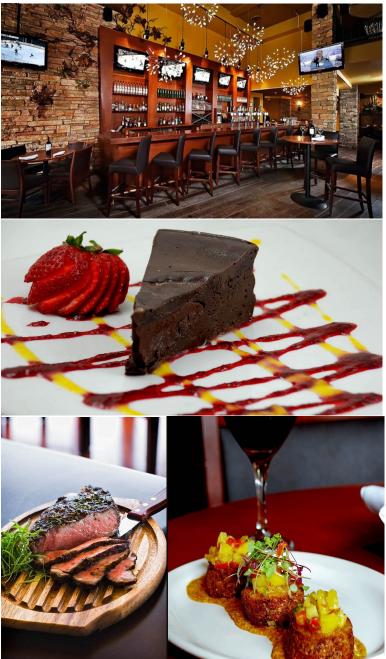
Dinner in Byward Market

Join us for dinner on Tuesday, July 9 in Ottawa's famous Byward Market at Blue Cactus Bar and Grill. See the full menu <u>here</u>. Please note that that dinner is at your own expense.

If you are interested, please fill out <u>this Google form.</u> This form is not an official registration, it is a survey to gather how many people are interested in participating.

Location: Blue Cactus Bar and Grill, 2 Byward Market Square, Ottawa, ON K1N 7A1 Date: July 9, 2019 Time: 6:30 PM





Excursion & Conference Dinner

This year's NUSOD excursion will take us into Gatineau Park, Canada's Capital Region's conservation park. Participants will go on a bus tour including stops at the Gatineau Park Visitor Centre, Champlain Lookout and Pink Lake Lookout. The Gatineau Park Visitor Centre offers an easy nature trail and an exhibition on ecosystems. Champlain Lookout offers the best-known view in Gatineau Park. If time permits, we will visit the Pink Lake Lookout. Of rare beauty, Pink Lake and its surroundings offer the opportunity to relax while learning about the ecology of the site. Afterwards, we will go to L'Orée du Bois for a group picture and dinner. L'Orée du Bois is a farmhouse eatery that offers sophisticated French cuisine & fine wines in an elegant, rustic setting.

L'Orée du Bois: 15 Kingsmere Rd, Chelsea, QC J9B 1A1

Alternative Transportation Options

In case you miss the bus or would prefer to take alternate transportation, here are some alternatives.

City	Company	Number	Cost*
Ottawa	Coventry Connections	(613) 746-8740	
	Blue Line Taxi	(613) 238-1111	
	Capital Taxi Ottawa	(613) 744-3333	~\$35-
Gat- ineau	Taxi Loyal	(819) 663-5252	\$40
	Pro Taxi	(819) 700-3300	
	Bob Taxi	(819) 561-1512	

Please note: Ride sharing services are not permitted in Quebec. You will not be able to call a ride sharing service from Gatineau.

Emergency Numbers

For life-threating emergencies: 911

Gatineau Park **Emergency service** (24-hour) Telephone: 613-239-5353 For any non-life-threatening emergencies, call Christine Couture: 613-618-5258

Important

The Gatineau Park region has been designated an at-risk area for Lyme disease. Please protect yourself by reading more <u>here</u>.



Champlain Lookout

Excursion Schedule, July 10, 2019

2:00pm	Arrive at the Desmarais bus stop by 2:15pm
2:30pm	Buses leave for Gatineau Park
3:00pm	Arrival at the Visitor Centre
4:00pm	Departure for Champlain Lookout
4:20pm	Arrival at Champlain Lookout
4:50pm	Departure for Pink Lake Lookout
5:10pm	Arrival at Pink Lake Lookout
5:30pm	Departure for L'Orée du Bois
5:45pm	Group picture at L'Orée du Bois
6:00pm	Conference Dinner at L'Orée du Bois begins
9:00pm	Buses depart back to Ottawa
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Gatineau Park Visitor Centre Internet Login: ParcGatineauPark

Password: GPVISITOR

Visitor Centre Map

Main Locations

- 💡 Gatineau Park Visitor Centre
- Sugarbush Trail 1.9km
- A nice walk through the forest near the Visitor Centre.

